

Q&A with Dale and Raquel Recommended Children's Books About Adoption

It's O.K. to be Different by Todd Parr, ages 6 and up.

Using bright colors and a simple, repetitive text, Todd Parr shows us that differences are "okay." "It's okay to come from a different place." "It's okay to be adopted." "It's okay to ask for help."

Why Didn't She Keep Me? Answers to the Questions Every Adopted Child Asks

by Barbara Burlingham-Brown, M.S. ages 4 – 8.

Tell Me Again About the Night I was Born

by Jamie Lee Curtis, ages 2 – 8.

The girl in this book asks to hear her birth story, over and over again. She hears about the excitement of the phone call, the plane trip, her parents' reactions upon seeing her for the first time, etc. This book captures the joy parents feel about meeting their child. Young children will enjoy the warmth of the text as well as Laura Cornell's fanciful drawings.

Never Never Never Will She Stop Loving You

by Jolene Durrant, ages 4 – 8.

Who Am I? ... And Other Questions of Adopted Kids

by Charlene C. Giannetti, ages 10 – 18.

A Mother for Choco by Keiko Kasza, ages 2-8.

Choco, a little bird, is trying to find a mother. While on this journey, he discovers that families do not need to look alike to love each other.

We're Different, We're the Same

by Bobbi Janes Kates, ages 2 – 6.

The characters from Sesame Street compare how they all look. They find that although they look different, they are actually a lot alike.

Over the Moon: An Adoption Tale by Karen Katz, ages 2 – 6.

This story describes the anticipation and joy of a family dreaming of their soon to be born child. The parents then fly "over the moon and through the night" to meet their child.

Horace by Holly Keller, ages 2 – 8.

Horace is spotted; his family is striped. Join him as he goes off to find a family that looks like him and learns that families do not have to look alike to be a family.

The Color of Us by Karen Katz, ages 4 – 8.

While walking through her neighborhood, Lena discovers a range of skin tones: cinnamon, chocolate, honey, coffee, toffee, and butterscotch. This book is a celebration of the multiracial family.

The Day We Met You by Phoebe Koehler, ages 3 and up.

A great story for the youngest listeners to describe a family's joy upon hearing their baby has been born and how they feel going to meet the baby for the first time.

How it Feels to be Adopted by Jill Krementz, ages 8 and up.

19 boys and girls (age 8 – 16) from varied social backgrounds share their feelings about having been adopted.

Brown Like Me by Noelle Lamperti, ages 4 – 8.

Noelle's skin is brown while her parents' skin is white. She looks for other things, boots, peanut butter, leaves, that are brown like her.

I Love You Like Crazy Cakes by Rose Lewis, ages 4 – 8.

Based on Rose Lewis' own experience, this book is the story of a woman's journey to adopt a child from China. The beautiful illustrations from Jane Dyer complement this heartwarming story.

Happy Adoption Day! by John McCutcheon, ages 2 – 6.

Folksinger John McCutcheon wrote a song celebrating the adoption of a child. Complete with musical notations and colorful illustrations, this book captures the joy of his song.

Did My First Mother Love Me? by Kathryn Ann Miller, ages 4 – 8.

Families are Different by Nina Pellegrini, ages 4 – 8

The Kissing Hand by Audrey Penn, ages 4 – 10

One Wonderful You by Francie Portnoy, ages 4 – 10

All Kinds of Families by Norma Simon, ages 2 – 8

Through Moon and Stars and Night Skies

by Ann Turner, ages 2 – 8

The Best Single Mom in the World by Mary Zisk, ages 3 – 8